

Please be our guest at an event in August
WE'RE IN THE HEART OF IT ALL



**Westminster
Palms**
WestminsterRetirement.com

**A full-service choice in senior living offering a unique
location in the heart of downtown St. Petersburg**

Join Westminster Palms for two unique events this month:

Downsizing for Procrastinators

August 12, 2 p.m.–4 p.m.

Do you have more stuff than you need? Many of us have put off addressing the accumulation. Barbara Marshall of House to Home Relocation, a certified move manager, is here to help you approach the daunting task of downsizing. **Refreshments will be served.** Please **RSVP by August 19.**

Brunch and Learn: What's new at Westminster Palms

August 22, 10 a.m.–12 p.m.



WESTMINSTER WELLBEINGS

Explore the Wellness

Wellness Cruise 2014

We'll explore the many aspects of life in a Continuing Care Retirement Community (CCRC) and ways you can continue your health and wellness without sacrificing lifestyle. Also hear a special presentation about our fabulous cruise to the Caribbean in 2014. **Refreshments will be served.**
Please RSVP by August 8.



Westminster
Palms

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**Call today to RSVP or to request more
information! 727-456-7103**